

Point Groups Winter '26



Winter '26

Week of Feb 13-14th

Leader Notes

- **Things to think about this week.**
 1. If you're in a group full of married people, or maybe a mix – Know that this study is still for you! As a group, we still have to interact with scripture that isn't for us in this season!
 2. Encourage your group to be praying for each other this week. Often these conversations can bring up some old hurt. Prayer is greatly needed.
 3. **Make sure you mention our announcements! Please START and FINISH with these!**

Attendance

- Get your attendance in! We can't love our people well if we don't know where they are... If you're having trouble, please let us know. mblakeslee@pointharbor.com

Upcoming Events

Any info can be found [@pointharbor.com/events](https://pointharbor.com/events)

- **March 1st – Men's Gathering**
This is a time to connect with other men, build relationships, and grow spiritually and have a *great hot breakfast!* **Student Building – 7am**
- **March 3rd – Parent Workshop**
Parenting can be both rewarding and challenging—you don't have to navigate it alone. Join us for our monthly **Parent Workshop**. *Sign-up online, childcare for \$5 per child.*
- **March 15th – Baptism Splash Class (Kids Baptism Class)**
Is your child asking about baptism? Our Kids Baptism Splash Class is a great resource to help you lead your child through this decision. It's a class for 1st through 6th graders and you attend it with your child. **Sign-up online!**

This guide is designed to give you helpful hints on preparing for and leading your group in discussion.

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Pastor John Houston

Warm Up

Think about your current relational status – Married, single, widowed, or divorces. Has that status ever felt like burden? Has it felt like a blessing? Share why.

Think of someone you know who has struggled to find peace in their relational season — whether single, married, or widowed. What does 'stuck' actually look like in each of those situations, and how have you tried to walk alongside them?

Know It

Take some time to review your sermon notes and journal your thoughts after reading the prompts below.

Singleness Is Good — 1 Corinthians 7:1, 7–8

Paul affirms that celibate singleness is honorable before God — not inferior, not a consolation prize.

- Why do you think our culture (and sometimes the church) treats singleness as a problem to be solved rather than a season to be stewarded?
- Paul distinguishes between what is commanded and what is conceded (v. 6). How does knowing that truth affect how you view your own situation?
- What would change in your perspective if you genuinely believed singleness could be a gift from God rather than a “gap”?

Leader Tip: Your group makeup is going to be unique to any of the other groups at our church. Take some time to think through how your group should approach this passage. If your group is full of singles, easy! All you have to do is talk about this passage from their perspective. If your group is full of people who might be in discipleship roles over singles or who maybe have some singles in their home, things are going to be different. The goal of this week isn't just to understand what Paul wrote — it's to figure out how to actually live it. Sometimes that means helping others in our sphere of influence live it as well.

Singleness & Temptation — 1 Corinthians 7:2, 9; Hebrews 13:4

Paul is realistic: the drive for intimacy is strong, and God's design for sex is within marriage only.

- Paul says it is “better to marry than to burn with passion” (v. 9). What does this tell us about God's understanding of our human nature?

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- How does the truth that “God will judge the sexually immoral” (Hebrews 13:4) serve as a warning — but also a protection — for those who receive it?
- How can your Point Group help hold one another accountable to sexual purity, without being judgmental or shame-based?

Leader Tip: “Being called to Singleness” is something that is thrown around in Christian circles *far too much*. It’s a specific calling for specific people. As you work through this passage with your group, try and focus on this passage being proof that singleness isn’t more holy; it’s just a different kind of holy. Further, if you have singles in your group, normalize the desire for marriage. It is a God-given and God-built-in desire!

Leader Caution: Given that our series is focused on singleness and marriage, I want us to be prepared in case someone raises the idea that Jesus was married. In short, he was not married. The idea that Jesus was married was made popular by the Da Vinci Code book and not by any valid historical document. There is no evidence, scholarly or otherwise, that Jesus was married to anybody.

Accountability Corner: As you navigate the final thought in this question, make sure that you don’t assume sexual immorality is only possible by the people in your group that are single. Sexual immorality is defined by anything sexual outside of God’s design for one man and one woman to come together. Everybody in your group is susceptible to the temptation of sexual sin. Take the time to brainstorm with your group how you can help people in your group stay pure. Be sure to make yourself available for conversation one-on-one after the group. Make sure you do not enter into private conversations about sexual purity with people of the opposite gender! If you need support in this area, please contact Pastor Tim.

Singleness as Calling — 1 Corinthians 7:6–7, 17, 20, 24

Paul repeats “stay where you are called” three times — this was no accident. Contentment in your current season is not passivity; it is obedience.

- Paul lists both marriage and singleness as “gifts” from God. How do you know which gift God has given you?
- Jesus, Paul, John the Baptist — all single, all world-changing. What does their example say about the potential of a singleness surrendered to God?
- Paul emphasizes that singleness offers “undivided devotion to the Lord” (v. 35). Practically, what does that kind of devotion look like in a 2026 context?

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- With these truths in mind – how can we disciple someone who is wrestling through singleness? Be it because they were never married, or are now single because of divorce or death?

Leader Tip: remember the focus here is on contentment where we're at. Lead the conversation into:

- How we can be content when we're single
- How we can be content when we're married
- How we can be content when we're otherwise

Encourage singles in your group to be content where they're at. As well as encouraging everyone in your group to be content where they're at right now

Live It

Your Reality...

- What do you need to honestly bring before the Lord regarding your relational situation right now?
- What would it look like to fully embrace the season God has you in — not just tolerate it, but steward it? What changes tomorrow morning?

Leader Tip: this idea of stewarding might be new for some of our people. The idea of stewarding your season looks like going out of your way to take advantage of the uniqueness your season provides. For example:

- A young couple with no kids can stay up late with high schoolers a lot easier than a family with young kids.
- An older couple might have more financial freedom to take young couples out to dinner to disciple them.
- A single person might have more opportunity to go on international missions trips without a family to think about.

Help your group think creatively about what their current season gives them the opportunity to do.

Faithfulness to Your Situation

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- What is the hardest part of your current season? What is one practical step you can take this week to live more faithfully within it? (Examples: joining a singles ministry, meeting with a counselor, setting boundaries in a relationship, memorizing a Scripture on contentment.)
- Psalm 119:11 reminds us that hiding God's Word in our heart guards our steps. What verse from 1 Corinthians 7 (or elsewhere) are you willing to commit to memory this week? Who will keep you accountable?

Scripture to Sit With

"But each has his own gift from God, one of one kind and one of another." — 1 Corinthians 7:7 (ESV)

"Only let each person lead the life that the Lord has assigned to him, and to which God has called him." — 1 Corinthians 7:17 (ESV)

How can your Point Group be praying for your situation and the decisions God is calling you to make?