



Point Groups

DISCUSSION GUIDE

These questions are here to help you and your group discuss the weekend teaching, strengthen relationships, and apply God's Word to our lives.

March 1st 2025

Moving forward, the date on the Discussion Guide will reflect the Saturday Service as it's the start of the weekend here at Point Harbor.

Warm Up

1. Share a lighthearted (or even ridiculous) argument you've experienced—maybe it was with a spouse, friend, or family member—where, in hindsight, you realized how unimportant the issue actually was.
2. Why do you think so many of our disagreements escalate over minor issues?

Know It

Read Proverbs 13:10

1. How does pride contribute to conflicts in our relationships?
2. Can you recall a time when pride kept you from resolving a disagreement quickly?

"Watch the way you talk. ... Say only what helps, each word a gift. ... Make a clean break with all cutting, backbiting, profane talk. Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ forgave you."

Eph 4:29-32 (MSG)

3. Take some time to pray through this verse, underline what stands out to you the most. Share with the group.
4. What does "each word a gift" look like in an argument?
5. Why is tone and "choice of words" so crucial when tensions rise?

Read James 4:1-7

6. Why do you think James is asking us to show up to a conflict with *Humility*?

7. Think about a recent spat you've had with a loved one. What would humility have looked like in that circumstance? How about "resisting the devil"?

Live It

1. What do you think your relationships would look like if you stopped trying to "win" and started trying to "work together".

2. Often, a crucial part of humility is 100% honesty when we're hurting. Honesty means both with the people around us, ourselves and God. How can you work on *honesty* this week?

3. Humility *also* looks like saying "sorry". How can you work your "sorry" muscle this week? How can you prepare it for future conflicts?

4. How is your week going to look different this week because of what God is showing you?

This Week I'm Praying For...

Use this space to take notes on how you can pray for your group